Nome: ..... Turma: 8º Ano "....."

Data: 30/07/2020 Prof. Rogério

ENGLISH

Esta é uma atividade avaliativa que complementará o trabalho referente à semana passada: Valor: 5,0

Read the text below and do exercises.

How to Avoid Distractions While Studying

Studying without noise

1. Find a place in your house that is the quietest or where you are comfortable.
2. Tell whoever lives with you that you are studying for a really big test and they need to keep the noise down.
3. Go into the room you're studying and take out all things that distract you.
4. Once you are relaxed, organize everything you need to study.
5. Don't eat anything that will upset your stomach while studying.
6. Eliminate all noises you think you might have missed.
7. Clear your head of anything that you will think about that hasn't got anything to do with studying.
8. Put everything on silent. That way you won't get a text and want to answer it.
9. Try saying the matter aloud. That way there is more probability that you will remember it.
10. Try to remember the matter you have learned without looking in the book.

Adapted from: <www.wikihow.com/Avoid-Distractions-While-Studying>. Accessed in: May 2015.

Faça a tradução do texto acima para a Língua Portuguesa.

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Por gentileza, envie suas respostas para o endereço de e-mail: ingles.profrogerio@gmail.com